

ALI GHADDAR, Ph.D.

PERSONAL DATA

PERSONAL INFORMATION

Date of Birth 10.01.1977
Place of Birth Ghazieh, Lebanon
Nationality Lebanese
Civil Status Married
Address 4A, Ghnaymeh Bldg.,
Mar Nkoula St., Hadat, Beirut, Lebanon
Phone: +961.71729795/ Email: ali.ghaddar@opphealth.org

EDUCATION

Doctoral degree

2006 – 2010 University of Alicante, School of Public Health
PhD in Public Health
Thesis: Psychosocial risks, stress and mental health in prisons.

Post-Graduate

2006 – 2007 University of Granada, Spain
Master in Management of International Cooperation and Development
Thesis: Quality assurance in NGOs during crisis situations.

2005 – 2006 University of Granada, School of Public Health, Spain
Master in Public Health
Thesis: Psychosocial work environment in correctional officers

Undergraduate

1994-1997 American University of Beirut, Faculty of Health Sciences
Bachelor of Science, Medical Laboratory Technology

Postdoctoral

2010 – 2013 Researcher - Observatory of Public Policies & Health

APPOINTMENT

2014 – Current
Lebanon

Senior Researcher

Observatory of Public Policies and Health – MENA region

- Co-founding the Observatory of Public Policies & Health in Lebanon (www.opphealth.org)
- Formulating strategies and plans for research in different disciplines in public health
- Providing leadership in collaborative research projects in different disciplines in public health including migrant health, addiction epidemiology, health services in marginalized groups and social determinants of health
- Preparing action plans, budgets and allocation of resources
- Managing internal and external research grants
- Publishing high quality publications at national and international level
- Fostering collaboration with governmental and non-governmental agencies

2018 – Current
Lebanon

Assistant Dean

Lebanese International University - Faculty of Arts & Sciences

- Supervising 11 full-time & over 90 part-time faculty members
- Directing operational functions of the Faculty including course offering, exams & community outreach activities
- Providing administrative leadership and monitoring the academic progress of students
- Providing advising and counseling for students and mentoring for junior academic colleagues
- Coordinating accreditation efforts in the Faculty and the development of its Strategic Plan
- Fostering collaboration with governmental and non-governmental agencies for student engagement in community development

- 2018 – Current
2013 – 2018
- Associate Professor**
Assistant Professor
- Lebanon** *Lebanese International University - Faculty of Arts & Sciences*
- Providing academic leadership in teaching across several educational programs including epidemiology, biostatistics, international public health and social determinants of health
 - Providing leadership and guidance to the curriculum development of Public Health courses with faculty, administrators and staff
- 2006-2009
Spain
- Research Assistant**
Health Observatory in Europe, Spain
- 2003-2005
Russia/ Georgia
- Russian Language Interpreter**
International Committee of the Red Cross, Switzerland
- *Appointment:* protection department – Tbilisi, Georgia
- 2000-2001
Kyrgyzstan
- Quality Manager**
AVANCO Health Consultants
- Training of clinical laboratory and ICU staff on the implementation of ISO-9001 norms for quality assurance
- 2001-2002
Kazakhstan
- Quality Manager**
AVANCO Health Consultants
- Training of hospital staff on the implementation of ISO-9001 norms for quality assurance
- 1998- 1999
Lebanon
- Blood Bank Technician** (during military service)
Military Hospital

RESEARCH

RESEARCH INTERESTS

Health promotion interventions, addiction, migrant health, mental health, reproductive health & prison health.

PEER-REVIEWED JOURNAL PUBLICATIONS

1. Ghozayel M, **Ghaddar A**, Farhat G, Nasreddine L, Kara J, Jomaa L. Energy drinks consumption and perceptions among University Students in Beirut, Lebanon: A mixed methods approach. 2020. PLoS ONE 15(4): e0232199. (Impact factor: 2.77; Q1 in Public Health).
2. Sakr S., **Ghaddar A.**, Hamam B., Sheet. Antibiotic use and resistance: an unprecedented assessment of university students' knowledge, attitude and practices (KAP) in Lebanon. *BMC Public Health*, 2020. (Impact factor: 2.56; Q1 in Public Health. DOI: 10.1186/s12889-020-08676-8).
3. **Ghaddar et al.** Prevalence and antifungal susceptibility of *Candida albicans* causing vaginal discharge among pregnant women in Lebanon. *BMC Infectious Diseases*, 2020. (Impact Factor: 1.49; Q1 in Infectious Diseases).
4. **Ghaddar et al.** Phenotypic and genotypic characterization of extended-spectrum beta-lactamases produced by *Escherichia coli* colonizing pregnant women. *Infectious Diseases in Obstetrics and Gynecology*, 2019. (Impact Factor: 1.31; Q1 in Infectious Diseases).
5. **Ghaddar A.**, Khandaqji S. 7 Ghattas J. Justifying abuse of migrant women domestic workers in Lebanon: the opinion of recruitment agencies. *Gaceta Sanitaria*, 2018, Epub ahead of print.
6. Khamis J. & **Ghaddar A.** HIV/AIDS in Syria and the response of the National Aids Program during the war. *Sexually Transmitted Infections – BMJ Journals*, 2017 (Impact Factor: 3.015; Q1; ranks 27 out of 264 journals in the Infectious Diseases discipline).
7. Samaha A., Fawaz M., Yahfoufi N., Baydoun S., **Ghaddar A** & Eid A. Assessing the Psychometric Properties of the Internet Addiction Test (IAT) Among Lebanese College Students. *Frontiers in Public Health*, 2018, Epub ahead of print.
8. **Ghaddar A.**, Khandakji S. & Abbas Z. Challenges in the implementation of opioid substitution therapy in Lebanon from the perspective of users. *Substance Abuse, Treatment, Prevention & Policy*, 2018; 13;14.

9. **Ghaddar A.**, Abbas Z. & Haddad R. Effectiveness of opioid substitution treatment on improving mental health and social functioning among injecting drug users in Lebanon. *Harm Reduction Journal*, 2017; 14:78. (Impact factor: 1.64; Q1 in the Public Health, Environmental and Occupational Health discipline).
10. **Ghaddar A.**, Elsoury G. & Nassar K. Barriers to access to sterile syringes as perceived by pharmacists and injecting drug users in Lebanon. *Substance Use & Misuse*, 2017; 21:1-9. (Impact Factor: 1.2; Q2 in the Social Science discipline).
11. **Ghaddar A.** & Ghali A. "Effectiveness of harm reduction education on decreasing risky-behavior among injecting drug users in Egypt. *Sexually Transmitted Infections – BMJ Journals*, 2016; 92(8):628. doi: 10.1136/sextrans-2016-052802. (Impact Factor: 3.015; Q1; ranks 27 out of 264 journals in the Infectious Diseases discipline).
12. Salami A., **Ghaddar A.**, Aboumrad E. & Joumaa W. Dietary supplement use in sport gyms in Lebanon: are they necessary and are there side-effects? *International Journal of High Risk Behavior and Addiction*, 2016; 6(1):e33318. doi: 0.5812/ijhrba.33318.
13. **Ghaddar A.**, Elsoury G, & Abboud Z. Torture and long-term health effects among female Lebanese political prisoners. *Journal of Interpersonal Violence*, 2015; 31(3): 500-14. (Impact Factor: 1.162; Q2; ranks 17 out of 39 journals in the Family studies discipline).
14. Ghaddar N, Alfouzan W, Anastasiadis E, Al Jiser T, **Ghaddar A.**, Dhar R, and El Hajj, H. Evaluation of Chromogenic Medium and Direct Latex Agglutination Test for Detection of Group B Streptococcus in Vaginal Specimens from Pregnant Women. *Journal of Medical Microbiology*; 2014, 63: 1395-9. (Impact Factor: 2.266; Q3; ranks 66 out of 119 journals in the Microbiology discipline).
15. **Ghaddar A.**, Hajj Omar K, Dokmak M, Abou Kansour N, Jbara Z, Laham S and Samaha A. "Work-related stress and urinary catecholamines among laboratory technicians". *Journal of Occupational Health*; 2013, 55(5):398-404. (Impact Factor: 1.63).
16. **Ghaddar A.**, Ronda E and Nolasco A. Work ability, psychosocial hazards and work experience in prison environments. *Occupational Medicine*; 2011 Oct; 61(7):503-8. (Impact Factor: 1.472; Q3; ranks 92 out of 160 journals in the Public Occupational and Environmental Health discipline).
17. **Ali Ghaddar**, Elena Ronda, Andreu Nolasco, Nahum Álvares & Inmaculada Mateo. Exposure to Psychosocial Risks at Work in Prisons: Does contact with inmates matter? A Pilot Study among Prison Workers in Spain. *Stress and*

Health; 2010, 11: 21. (Impact Factor: 1.336; Q3; ranks 92 out of 135 journals in the Psychiatry discipline).

18. **Ghaddar A.**, Mateo I. and Sanchez P. Occupational stress and mental health among penitentiary officers: A Cross-sectional Study. *Journal of Occupational Health*, 2008; 50(1): 92-98. (Impact Factor: 1.63).

PEER REVIEWED CONFERENCE ABSTRACTS

Ripullone K., Alsaif A., Ghassani A., **Ghaddar A.**, Womersley A. “Perspectives on reproduction and sexuality amongst Syrian refugees in Lebanon: family planning as a vehicle of ‘resilience’” University of Oxford, Oct, 2019
<https://www.respondmigration.com/panel-vi>

NON-PEER REVIEWED PUBLICATIONS

- Ghaddar A., El Matari I. Guidelines for Unifying the Clinical Referral System in Palestinian Refugee Camps. *UNRWA* –2009
- Risk factors for HCV and HPV among intravenous drug users in prisons, *AJEM* 2012
- Malnutrition and violence among children in Lebanese Public Schools, University of Balamand, 2010

MEMBERSHIP IN INTERNATIONAL ASSOCIATIONS

- The European Training Consortium in Public Health and Health Promotion
Member & tutor since 2018
 - Organizing and implementing annual summer school focused on developing practical and theoretical tools to enhance health promotion strategies in Europe.
 - Implementing a learning approach based on salutogenic principles

GRANTS

- **Ghaddar, A** (PI), Ghassani A (Co-I). Title: “Barriers to using family planning services among Syrian refugees in Lebanon”. **CNRS** funded study; Total Amount: USD 36,000, **Oct. 2019 - Current**
- **Ghaddar, A** (PI), Yazbeck, H (Co-I), Samaha, A (Co-I). Title: “The effectiveness of opioid substitution treatment on reducing drug use and improving mental health and social exclusion among drug users in Lebanon”. **CNRS** funded study; Total Amount: USD 20,000, **Oct. 2014 - Oct. 2016**
- **Ghaddar A** (Principle investigator), Gonzales, R. (Co-I). Quality Assurance in NGO’s (funded 5/2009 for 6 months; total amount Euros 6,000). Funded by the Italian Cooperation Agency, 2009-2010
- Ronda E, (PI), **Ghaddar A** (Co-I). Title: “Monitoring Work-related Psychosocial Risks in Prisons in Spain” (Funded by Tripodi Foundation, 6/2008; Total Amount: Euros 5,000, **2008-2010**)

COMMUNITY PROJECT EVALUATIONS

- External evaluation on “Legal support to Syrian refugees in prisons” - AJEM, 2019
- Strategic planning workshop for “Harm reduction associations in the MENA region” with Middle East & North African Harm Reduction Association (MENAHRRA), 2015
- External evaluation on “Harm reduction activities in the MENA region” for Middle East & North African Harm Reduction Association, MENAHRRA, 2014
- External evaluation on “Prevention and rehabilitation of torture victims during arrest, & imprisonment” with Association of Justice and Mercy (AJEM), 2012
- External evaluation on “Socio-education initiative in Dbayeh Palestinian refugee camp” with World Vision, 2011
- Assessments of hygiene in 14 public schools in Upper Akkar with “MADA” & Swiss Development Cooperation (SCD), 2010
- External evaluation on “Rehabilitation of intravenous drug users in prison in Lebanon” with AJEM & DROSOS Foundation, 2010
- Mental health promotion of prisoners thru Art, with Association of Justice and Mercy (AJEM), 2014
- Health assessment and health awareness campaigns in four Lebanese prisons with “Shield”, 2012
- Establishment of a clinical referral system for primary health care providers in Nahr el Bared Palestinian refugee camp with UNRWA & Italian Cooperation, 2010
- Legal awareness campaigns for mental health promotion in Nahr el Bared Palestinian refugee camp with UNRWA, 2010

CONFERENCE PARTICIPATION

- **Chair** – Session on Sexually Transmitted diseases - III Regional Conference on Harm Reduction, Middle East and North African Harm Reduction Association, MENAHRA, 2016, *Beirut, Lebanon*.
- **Invited Speaker:** Barriers to access to sterile syringes as perceived by pharmacists and injecting drug users in Lebanon. III Regional Conference on Harm Reduction, Middle East and North African Harm Reduction Association, MENAHRA, 2016, *Beirut, Lebanon*.
- **Invited Speaker:** Effectiveness of harm reduction education on decreasing risky-behavior among injecting drug users in Egypt. LAAS conference, 2016; Beirut, Lebanon.
- **Invited Speaker:** “Evaluation of Harm Reduction Programs in the MENA countries”. II International Conference on Harm Reduction, MENAHRA, 2013, *Beirut, Lebanon*
- **Chair - Scientific Subcommittee of Environmental Health:** 18th International Science Meeting: New Discoveries in Science, 22-24 March, 2012; *Beirut, Lebanon*
- **Invited Speaker: Ghaddar A.** “Overcrowding and TB control in Prisons of Georgia”. Congress of the Epidemiological Surveillance and prevention of tuberculosis in Central Asia (CIS), 5–6 February, 2007; Alma-Ata, Kazakhstan

THESIS TRIBUNAL

- Master thesis entitled: “Predictors of family planning use among Syrian refugees in Lebanon”. Presented by: Reem Farhat, Faculty of Sciences, **Lebanese University, 2018.**
- PhD thesis entitled: “The role of the health system and sociocultural factors in the functioning of organ donation in Algeria”. Presented by: Nouhad Laidouni, Department of Public Health, **University of Alicante, 2017.**
- Master thesis entitled: “Assessment of energy drink consumption patterns among Lebanese students of two private universities: a mixed methodology approach”. Presented by Malake Ghozayel, Department of Nutrition and Food Sciences, Faculty of Agricultural and Food Sciences, **American University of Beirut, 2016.**

THESIS SUPERVISION

- PhD thesis entitled: “Promotion of the initiation and duration of exclusive breastfeeding in Lebanon through early postnatal education in hospitals: an assets-based approach”. By: Nabihah Ramadan, University of Girona, Spain, **2019-current.**
- PhD thesis entitled: “Assessment of nutrition advice during pregnancy in Lebanon”. Presented by: Gessy Risk, Nicosia University, Cyprus, **2019-current.**
- Master thesis entitled: “How advertising of energy rich low nutrient food shape the environment of healthy food choice among parents of diabetic children”. By: Inaam Kanawati, Lebanese International University, Lebanon. **2020-current.**

TEACHING

2018- Current

European Training Consortium in Public Health and Health Promotion

Member & tutor since 2018

- Organizing annual summer school focused on developing practical and theoretical tools to enhance health promotion strategies in Europe.
- Implementing a learning approach based on salutogenic principles

2010- Current

**Lebanese International University
Associate Professor**

- Structured lecturing in Health Promotion, Epidemiology & Biostatistics & Global Public Health (9-12 credits/semester). Lecture topics include: Deriving Inference from epidemiological studies (statistical methods); Qualitative research design, Epidemiological study design; Social determinants of health & health inequalities, Health behavioral theories, Access to health systems and health services, Health promotion and community empowerment, Promotion of mental health in marginalized population groups among others.
- Implementing workshops for facilitating learning on research design, qualitative and quantitative data analysis, Evidence-Based Medicine & critical reading of scientific literature
- Organizing seminars to exchange knowledge about current topics of community health issue in the MENA regions
- SPSS practical applications on descriptive, bivariate and multivariate analysis

JOURNAL REVIEWER

- Journal of Epidemiology and Community Health
- BMJ journals, European Journal of Public Health
- Stress and Health, Occupational Medicine
- AIDS and Behavior

LANGUAGES

Mother tongue(s)	Arabic				
Other language(s)					
Self-assessment	Understanding		Speaking		Writing
<i>European level (*)</i>	Listening	Reading	Spoken interaction	Spoken production	
English	Very good	Very good	Very good	Very good	Very good
Spanish	Very good	Very good	Very good	Very good	Very good
Russian	Very good	Very good	Very good	Very good	Very good
French	Good	Good	Good	Good	Good