

Paolo Contu PhD, MD

2001-	Professore Ordinario Igiene, Università di Cagliari
2020-	Responsabile Programma Customer Satisfaction – AOU Cagliari
1992-2001	Professore Associato Igiene, Università di Cagliari
2012-2015	Presidente del Consiglio di Facoltà di Medicina e Chirurgia, Università di Cagliari
2002-2020	Responsabile Programma Valutazione Qualità Assistenza – AOU Cagliari

Ruoli gestionali

2011-2012 2018-	Presidente della Classe di Professioni della Prevenzione, Università di Cagliari
2002-2008 2016-2020	Direttore della Scuola di Specializzazione in Igiene e Medicina Preventiva
2012-2015	Presidente del Consiglio di Facoltà di Medicina e Chirurgia, Università di Cagliari
2010- 2012	Coordinatore dell'Area Scientifica "Scienze Mediche" dell'Università di Cagliari
2007- 2010	Presidente del Corso di Laurea in Assistenza Sanitaria, Università di Cagliari
2010- 2012	Direttore Master di II livello in "Epidemiologia Applicata" dell'Università di Cagliari
2019-	Vicepresidente International Union Health Promotion and Education per l'Europa
2016-2019	Vicepresidente International Union Health Promotion and Education per Communications
2010-2016	Vicepresidente International Union Health Promotion and Education per Capacity Building, Education & Training
2012-	Coordinatore Global Working Group Competencies and Workforce Development International Union Health Promotion and Education per Capacity Building, Education & Training
2007-	Responsabile Struttura Valutazione Qualità Assistenza Azienda Ospedaliero Universitaria di Cagliari

Principali progetti di ricerca

1995-	European Training Consortium in Public Health and Health Promotion Formazione paneuropea (corsi estivi svolti annualmente) e ricerca. Autofinanziato con le quote di iscrizione dei partecipanti al corso. Coordinatore del Consorzio dal 2000 al 2010.
2009-2012	Progetto Europeo "Developing competencies and professional standards for health promotion capacity building in Europe (CompHP)" Finanziamento Executive Agency for Health and Consumers (EAHC) Unione Europea. Coordinatore del Workpackage Mapping in academic settings
2012-2014	Proposta di un sistema informativo interaziendale come strumento di una comunità di pratica per la sperimentazione e la gestione dell'appropriatezza organizzativa come modello del governo clinico. Finanziamento Legge 7 Regione Sardegna. Coordinatore del Progetto.

Principali Pubblicazioni dal 2002

1. Bauer GF, Roy M, Bakibinga P, Contu P, Downe S, Eriksson M, Espnes GA, Jensen BB, Juvinya Canal D, Lindström B, Mana A, Mittelmark MB, Morgan AR, Pelikan JM, Saboga-Nunes L, Sagy S, Shorey S, Vaandrager L, Vinje HF. Future directions for the concept of salutogenesis: a position article. *Health Promot Int.* 2020
2. Galletta M, Cherchi M, Cocco A, Lai G, Manca V, Pau M, Tatti F, Zambon G, Deidda S, Origa P, Massa E, Cossu E, Boi F, Contu P. Sense of coherence and physical health-related quality of life in Italian chronic patients: the mediating role of the mental component. *BMJ Open.* 2019
3. Meloni L, Floris R, Congia M, Cacace C, Marchetti MF, Contu P, Montisci R. The difficult task of reducing symptom onset-to-balloon time among patients undergoing primary PCI. *J Cardiovasc Med (Hagerstown).* 2019
4. Galletta M, Portoghese I, Melis P, Gonzalez CIA, Finco G, D'Aloja E, Contu P, Campagna M. The role of collective affective commitment in the relationship between work-family conflict and emotional exhaustion among nurses: a multilevel modeling approach. *BMC Nurs.* 2019
5. Cauli A, Gladman DD, Mathieu A, Olivieri I, Porru G, Tak PP, Sardu C, Scarpa R, Marchesoni A, Taylor WJ, Salvarani C, Kalden J, Lubrano E, Carneiro S, Piga M, Floris A, Desiati F, Flynn JA, D'Angelo S, van Kuijk AWR, Catanoso MG, Caso F, Contu P, Ujfalussy I, Helliwell PS, Mease PJ; GRAPPA 3PPsA Study Group. Physician's Global Assessment in Psoriatic Arthritis: A Multicenter GRAPPA Study. 2018 *J Rheumatol.*
6. Mamei A, Palmas MA, Antonelli A, Contu P, Prandoni P, Marongiu F. A retrospective cohort study of patients with pulmonary embolism: the impact of comorbidities on patient's outcome. *Eur Respir J.* 2016.
7. Arca R, Ricchi V, Murgia D, Melis M, Floris F, Mereu A, Contu P, Marrosu F, Melis M, Cossu G. Parkinsonism and dementia are negative prognostic factors for the outcome of subdural hematoma. *Neurol Sci.* 2016
8. Cocco E, Sardu C, Spinicci G, Musu L, Massa R, Frau J, Loreface L, Fenu G, Coghe G, Massole S, Maioli MA, Piras R, Melis M, Porcu G, Mamusa E, Carboni N, Contu P, Marrosu MG. Influence of treatments in multiple sclerosis disability: a cohort study. *Mult Scler.* 2015
9. Battel-Kirk B, Barry MM, van der Zanden G, Contu P, Gallardo C, Martinez A, Speller V, Debenedetti S. Operationalising and piloting the IUHPE European accreditation system for health promotion. *Glob Health Promot.* 2015
10. Cocco E, Sardu C, Spinicci G, Musu L, Massa R, Frau J, Loreface L, Fenu G, Coghe G, Massole S, Maioli MA, Piras R, Melis M, Porcu G, Mamusa E, Carboni N, Contu P, Marrosu MG. Influence of treatments in multiple sclerosis disability: A cohort study *Mult Scler.* 2014
11. Garista P, Sardu C, Mereu A, Campagna M, Contu P. The mouse gave life to the mountain: Gramsci and health promotion. *Health Promot Int.* 2014
12. Sardu C, Mereu A, Sotgiu A, Andriassi L, Jacobson MK, Contu P. Antonovsky's Sense of Coherence Scale: Cultural Validation of Soc Questionnaire and Socio-Demographic Patterns in an Italian Population. *Clin Pract Epidemiol Ment Health.* 2012.
13. Battel-Kirk B, Van der Zanden G, Schipperen M, Contu P, Gallardo C, Martinez A, Garcia de Sola S, Sotgiu A, Zaagsma M, Barry MM. Developing a competency-based Pan-European Accreditation Framework for Health Promotion. *Health Educ Behav.* 2012
14. Cocco E, Sardu C, Pieroni E, Valentini M, Murru R, Costa G, Tranquilli S, Frau J, Coghe G, Carboni N, Floris M, Contu P, Marrosu MG. HLA-DRB1-DQB1 haplotypes confer susceptibility and resistance to multiple sclerosis in Sardinia. *PLoS One.* 2012
15. Sardu C, Cocco E, Mereu A, Massa R, Cuccu A, Marrosu MG, Contu P. Population based study of 12 autoimmune diseases in Sardinia, Italy: prevalence and comorbidity. *PLoS One.* 2012.
16. Cocco E, Sardu C, Massa R, Mamusa E, Musu L, Ferrigno P, Melis M, Montomoli C, Ferretti V, Coghe G, Fenu G, Frau J, Loreface L, Carboni N, Contu P, Marrosu MG (2011). Epidemiology of multiple sclerosis in south-western Sardinia.. *MULTIPLE SCLEROSIS*, ISSN: 1352-4585
17. Cauli A, Gladman DD, Mathieu A, Olivieri I, Porru G, Tak PP, Sardu C, Ujfalussy I, Scarpa R, Marchesoni A, Taylor WJ, Spadaro A, Fernández-Sueiro JL, Salvarani C, Kalden JR, Lubrano E, Carneiro S, Desiati F, Flynn JA, D'Angelo S, Vacca A, van Kuijk AW, Catanoso MG, Gruenke M, Peluso R, Parsons WJ, Ferrara N, Contu P, Helliwell PS, Mease PJ. Patient Global Assessment in Psoriatic Arthritis: A Multicenter GRAPPA and OMERACT Study. *J Rheumatol.* 2011
18. Cocco E, Sardu C, Murru R, Frau J, Loreface L, Mamusa E, Contu P, Marrosu MG. Multiple sclerosis risk: interaction between human leukocyte antigen and the environment in Sardinian population. *Mult Scler.* (2009): 15(9):1030-6.
19. Mereu A, Sardu C, Minerba L, Contu P. Smoking trends and educational level in Italy in the age group 20-24, from 1950 to 2000. *Subst Use Misuse.* (2009): 44:163-171.
20. Barcellona D, Contu P, Marongiu F A "two-step" educational approach for patients taking oral anticoagulants does not improve therapy control. *J Thromb Thrombolysis* (2006): Nov 18.
21. Cossu G, Mereu A, Deriu M, Melis M, Melis G, Molari A, Minafra L, Pisano T, Cianchetti C, Ortu E, Sau G, Aiello I, Fresu M, Marrosu MG, Contu P. Prevalence study of primary blepharospasm (BSP) in Sardinia. *Movement Disorders.* (2006): 21: 2005-2008.
22. Sardu C, Mereu A, Pitzalis G, Minerba L, Contu P. Smoking trends in Italy from 1950 to 2000. *Journal of Epidemiology and Community Health.* (2006): 60:799-803
23. Marrosu MG, Cocco E, Costa G, Murru MR, Mancosu C, Murru R, Lai M, Sardu C, Contu P Interaction of loci within the HLA region influences multiple sclerosis course in the Sardinian population. *Journal of Neurology* (2006): 253: 208-13.
24. Hardoy MC, Serra M, Carta MG, Contu P, Pisu MG, Biggio G. Increased Neuroactive Steroid Concentrations in Women J Clin Psychopharmacology (2006): 26(4):379-384. With Bipolar Disorder or Major Depressive Disorder.
25. Cocco E, Sotgiu A, Costa G, Murru MR, Mancosu C, Murru R, Lai M, Contu P, Marrosu MG. HLA-DR,DQ and APOE genotypes and gender influence in Sardinian primary progressive MS. *Neurology* (2005): 64: 564-566
26. Marrosu MG, Sardu C, Cocco E, Costa G, Murru MR, Mancosu C, Murru R, Lai M, Contu P, Bias in parental transmission of the HLA-DR3 allele in Sardinian multiple sclerosis. *Neurology* (2004): 63: 1084-1086.
27. Cocco E, Sardu C, Lai M, Spinicci G, Contu P, Marrosu MG Anticipation of age at onset in multiple sclerosis: A Sardinian cohort study. *Neurology* (2004): 62: 1794-1798.
28. Barcellona D, Contu P, Marongiu F Patient education and oral anticoagulant therapy. *Haematologica* (2002): 10, 1081-6.
29. Marrosu MG, Cocco E, Lai M, Spinicci G, Pishedda MP, Contu P Patients with multiple sclerosis and risk of type 1 diabetes mellitus in Sardinia, Italy: a cohort study. *Lancet* (2002): 359(9316), 1461-5.
30. Marrosu MG, Lai M, Cocco E, Loi V, Spinicci G, Pishedda MP, Massole S, Marrosu G, Contu P Genetic factors and the founder effect explain familial MS in Sardinia. *Neurology* (2002): 58, 283-288.